High Country of north carolina











3 Day Mountain Tour

This day highlights the Blue Ridge Parkway National Park's unique physical beauty and mountain culture, May-October.

DAY 1

1 LINVILLE CAVERNS

Marion

The only show caverns in North Carolina and a constant 12°C (55°F) year round, this guided tour will show you the unique fish living in the underground stream, and many stalactite & stalagmite formations. Bathroom and gift shop on site. (1 hour)

2 ORCHARD AT ALTAPASS

Blue Ridge Parkway Milepost 328

Visit this historic apple orchard on the Blue Ridge Parkway and enjoy live mountain music and dance daily. A storytelling hayride features stories of early mountain settlers. Lunch, restrooms and mountain made crafts on site. Handicap Accessible. (2 hours)

3 LINVILLE FALLS

Blue Ridge Parkway Milepost 316

Visit the tallest waterfall on the Blue Ridge Parkway National Park! An easy 804M walk on a paved trail will take you to the lower falls, and if you feel like seeing more, another 483M walk will take you to the best view of the upper falls. Bathrooms and Blue Ridge Parkway National Park Visitor Center on site. (1 hour)

GRANDFATHER MOUNTAIN

Blue Ridge Parkway Milepost 305

Visit this International Biosphere Reserve featuring the highest swinging foot-bridge in Eastern America, the "Mile High Swinging Bridge." You will also discover a native animal habitat with bears, mountain lions, otters, elk and eagles. A museum of the mountain highlights priceless gems, unique weather, colorful wildflowers, and birds. Guided tours, restaurant, and gift shop on site. Handicap accessible. (3 hours)

DAN'L BOONE INN

Boone

Enjoy "family style" traditional mountain cooking with country decor. Menu includes fried chicken, country style steak, country ham biscuits, stewed apples, and more. Handicap accessible. (1.5 hours)

OVERNIGHT

Boone or Blowing Rock

Find hotels, resorts, bed & breakfasts or cabins offering amenities such as group rates, complimentary breakfast or full-service restaurants, pools and fitness centers, spas and more.

DAY 2

MAST GENERAL STORE

Valle Crucis

Visit a historic mountain general store built in 1883. Play checkers by the pot-bellied stove, mail a postcard home or shop for unique mountain goods and crafts. (1 hour)

OUTDOOR RECREATION

High Country

Enjoy the outdoors (or the indoors!). Canoe, zipline, horseback ride, gem mine, fish and much more. Visit the oldest state attraction, The Blowing Rock or take on the aerial adventure park, High Gravity Adventures. There is an activity for everyone. View a detailed list of activites on our website. (4 hours)

HORN IN THE WEST

Boone

Enjoy an open air dinner at Hickory Ridge Living History Museum, followed by a performance of the outdoor drama on the Revolutionary War, Horn in the West. (3.5 hours, June-August only)

High Country of north carolina









Need more trip planning ideas and assistance? MeetheMountains.com Candice Cook: 800.438.7500 candice@highcountryhost.com

DAY 3

BEN LONG FRESCOE West Jefferson

View a frescoe in a quaint mountain chapel by world-famous frescoe painter, Ben Long. (.5 hour)

ASHE COUNTY CHEESE FACTORY West Jefferson

Visit North Carolina's first cheese factory. Watch cheese being made in the factory viewing room. Visit the cheese shop for fresh cheese curds, mountain fudge and old-fashioned candy. (1 hour)

3 DOWNTOWN MURAL WALK

West Jefferson

Take a walking tour of the 15 murals throughout downtown West Jefferson. Designed and painted by local artists, the murals celebrate Appalachian Mountain culture.

LUNCH

West Jefferson Have lunch at the historic Hotel Tavern in downtown West Jefferson or visit the Boonedocks Restaurant & national award-winning Boonedocks Brewery Brewhaus.

CALL FAMILY DISTILLERY

Wilkesboro

4

Visit the birthplace of Moonshine and learn about the history of one moonshiner family at Call Family Distillery. View former backwoods stills, Moonshine running cars and more in the museum followed by a moonshine tasting.

\$300 pp

Average starting price for groups of 30/ double occupancy. Does not include fuel cost.

\$350 pp

Average starting price for two travelers/ double occupancy. Does not include fuel cost.

Find more tours and information on our website.



Atlanta, GA..... 5 hours